

**“To extinguish the chance that brothers and sisters in the fire service will experience occupational cancer.”**

— Our mission as stated by a firefighter with occupational cancer



**CLEAN AIR  
CLEAN GEAR  
CLEAN LIVING**

## **FOCUS: Firefighter Occupational Cancer Understanding and Support**

We have known for a while that the leading cause of death among firefighters is cancer. Recent research shows an increased risk of **skin melanoma**, other **skin cancers**, and **prostate cancer**, and higher death rates in **non-Hodgkin lymphoma**, **testicular** and **rectal** cancer.

### **FOCUS IS OFFERING A FREE FIREFIGHTER CANCER CLASS.**

During this class, you will learn the following:

- Cancer 101: the basics of how cancer develops and progresses
- How early detection saves lives and leads to better outcomes
- Cancer self-screening techniques/when to call your doctor
- How firefighters are exposed to cancer causing PFAS
- How to reduce PFAS exposures
- What the current research shows about firefighter cancer
- How to participate in firefighter cancer research
- BEST PRACTICES for cancer prevention in the fire service
- How to use information from research to apply for funding

**This is a 2-hour class.**

**There will be a break at the halfway point.**

**Please contact Lynn Harrison at 252-665-5758 to learn more or to schedule a class.**

**Initiative:** Ongoing **occupational cancer risk and prevention education** at the Health System, community, government, administrative, firehouse, and academic level.